



Preventative Screenings

Paradigm's cross-trained staff maintain a watchful eye and conduct year-round screenings to support the diverse physical needs of community residents. It's all part of helping seniors *stay active longer!*

- Blood pressure and blood sugar screenings
- TB testing
- Balance and risk-fall assessments
- Flu shot clinics

Experience WellCare

Our comprehensive service adds up to EXTRA CARE for your loved one. Paradigm focuses on the most essential elements of senior living.

RehabCare

RehabilitationCare helps seniors achieve the greatest levels of functional independence possible. Through a joint coordination of care with nurses, physical therapists and the community staff, we offer Balance Programs, Home Safety, Management of Pain, Skilled Nursing, and more.

FitnessCare

The human body never loses the ability to benefit from exercise. Our FitnessCare is designed to improve residents' strength, balance, and endurance in a safe, on-site environment.

EduCare

Keeping seniors informed equips them for the unique challenges they face. We offer Healthy Living and WellCare Clinics, fall prevention awareness, and a variety of health screenings. Tip Sheets on fall prevention, hydration, and other important topics are available in the center.

SocialCare

Social interaction enhances resident's lives—maintaining a balance that makes aging more enjoyable. A full menu of community activities helps promote a positive attitude by bringing people together and building relationships.



How it works

Residents who qualify under Medicare guidelines can receive Paradigm's home health skilled nursing and physical therapy services for **no additional out-of-pocket cost**. That's because 100% of the fees are covered under traditional Medicare Part-A when ordered by a physician. (See diagram at right.)

Some residents may only qualify for physical therapy services under Medicare Part-B which **covers 80%** up to a yearly maximum benefit.

Average non-qualifying costs may total only \$348 per year.

Residents or responsible party will be notified prior to any possible out of pocket expenses that may apply.

100% covered	80% covered
Medicare Part A Skilled Nursing and Rehabilitation Services	Medicare Part B Rehabilitation Services

NOTE: Most rehab agencies in senior living communities are limited to Part B only.

Are you ready?

Ask your Resident Services Director or a Paradigm staff member how you can enjoy the extra peace of mind Paradigm WellCare delivers.

For more information, call us directly at:

(888) 581-1223

E-mail: wellcare@paradigmrehab.com

Our Promise

To provide accessible, innovative, high quality home health care services in an atmosphere that fosters respect and compassion.

To offer consistent, organized care that values the patient or resident as an individual and promotes the care of the referring physician and his/her staff.

Our Responsibility

1. The WellCare Center, Skilled Nursing and Physical Therapy are structured to comply with all Federal and State laws and statutes.
2. All of our Clinicians on the premises have licenses and/or certifications required under state and federal law to provide such Services. Every employee is required to pass a criminal history check, drug screening and a check of the Texas Employee Misconduct Registry.
3. We honor the right to choose a home health provider. Being a patient of Paradigm Rehab & Nursing is not a condition for use of the Paradigm WellCare Center.

Enjoy Extra Peace of Mind of Paradigm



Simple. Extraordinary. Care.

(888) 581-1223

Paradigm Rehab & Nursing
Paradigm WellCare
1909 Rickety Lane
Tyler, TX 75703
(903) 581-1223
(903) 581-1253 fax



Paradigm WellCare is a service of
Paradigm Rehab & Nursing, LP, a licensed Home Health Agency.



Available at Select Senior Living Communities

Stay active longer.



Why should this senior living community be your #1 choice?

Extra Peace of Mind

You're facing the emotional decision to move your loved one to community living. We understand. The last thing you need to worry about is making a choice you may later regret.

Rest assured. The community you are now considering has determined to go the extra mile by adding Paradigm WellCare Services to their list of amenities.

And, Paradigm's people make all the difference.

Our experienced staff understand what's most important to seniors and families. We provide worry-free convenience for families and residents with skilled nursing and physical therapy readily available right in the community.

Our devoted team of nurses, therapists and clinicians not only meet expectations, but go well beyond them. That means extraordinary peace of mind for you.



What you gain

A proven, proactive model: Residents enjoy life more fully, staying active longer.

On-going exercise and social activities: New Resident Tea Party, Wii® Sports, Walking Club, and more.

Watchful, preventative care: blood pressure, TB, and diabetes screenings, balance and risk-fall assessments, flu shot clinics.

Skilled nursing interventions: education and care help prevent unnecessary ER visits and hospitalizations.

Trust: All skilled nursing and physical therapy services requested by a resident are coordinated under the direction of their physician.

We help seniors achieve the greatest levels of functional independence possible.

Who we are

Through Paradigm Rehab & Nursing (a State Licensed & Medicare Certified Home Health Agency), we offer skilled nursing and physical therapy in select senior living communities.

Paradigm functions much like an on-site Home Health Agency, and while we don't replace personal care

services provided by the community staff, we go beyond what they are licensed to offer.

Our dedicated team members allow a personal approach to care and develop ongoing relationships with the residents, staying aware of changes in health to help identify potential problems before they occur.

We provide a level of service with compassion other traditional providers simply cannot match.

Ask the Resident Services Director how you can experience all the extra care Paradigm delivers.

You may call us directly at:

(888) 581-1223



Our WellCare Center

Paradigm's WellCare Center is for use by our licensed staff and available for community use. Once residents complete a simple registration form and are cleared by their physician, they're ready to enjoy all the center has to offer following a brief orientation class in the safe, effective use of the equipment.

Equipment for each WellCare Center includes:

- Recumbent bicycle(s) with large seat;
- Strength training equipment with posters showing proper use and technique;
- Flexibility equipment;
- Balance promoting equipment.

Equipment for Resident Rehabilitation Services limited to use with Paradigm professionals:

- Treatment table(s);
- Pain management modalities;
- Therapeutic exercise equipment;
- Adaptive training equipment.

Paradigm WellCare is a comprehensive, preventative approach to resident care.